

PATHWAYS TO REBATES (PSYCHOLOGY)



The document provided contains methods through which you can obtain financial aid for psychology appointments with a fully registered psychologist. If you have any questions, please feel free to reach out to our client services team.

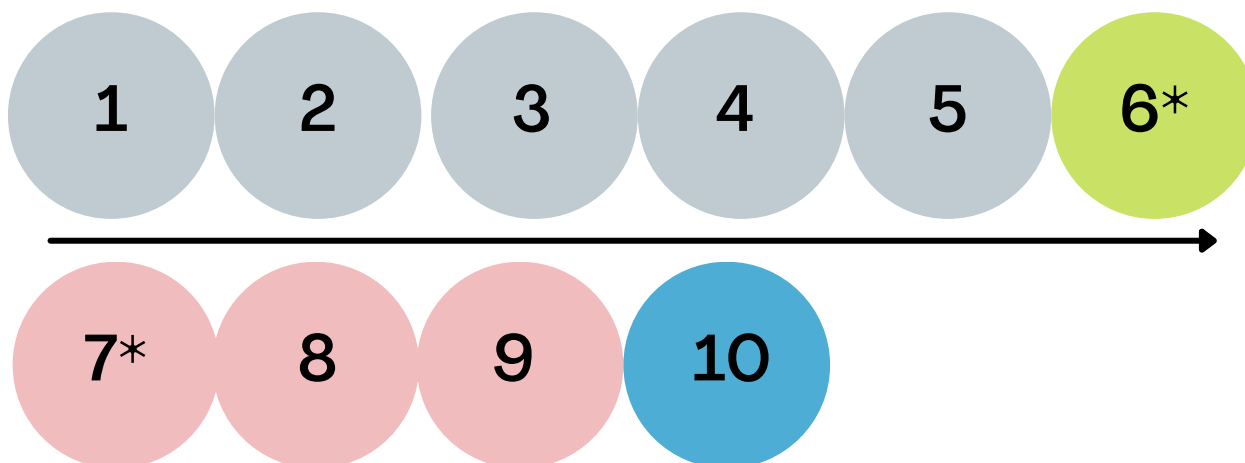
Mental Health Care Plan (MHCP)

If you have been issued a Mental Health Care Plan by your General Practitioner (GP), you have the opportunity to receive rebates for your psychology sessions. This rebate allows for reimbursement of a portion of the session fees and is applicable for up to a maximum of ten sessions per calendar year. Our clinic is equipped with the necessary resources to process the rebate on the same day as your appointment, ensuring convenience for you. However, it's important to understand that there will still be a gap fee that you are responsible for covering.

To facilitate a smooth processing of your rebate, we kindly request that you bring your mental health care plan to your initial appointment. Alternatively, you may arrange for your general practitioner to fax the plan to us prior to your appointment. It's crucial to note that without your mental health care plan, we will be unable to process the rebate on your behalf.

Furthermore, it's essential to be aware that Medicare rebates cannot be claimed for late cancellations or missed appointments. Additionally, if you are a parent seeking sessions, please note that parent sessions are permitted for up to two sessions per calendar year. However, it's important to understand that these two sessions are still inclusive of the ten sessions covered by the plan.

Should you have any further questions or require clarification, please don't hesitate to reach out to our clinic. We are here to ensure that you receive the maximum benefit from your Mental Health Care Plan and facilitate your journey towards improved mental well-being.



6 - At the sixth session, you will be advised that you must obtain a MHCP review to continue with the medicare rebates. Your psychologist will write a letter to your GP with this request however you must make an appointment obtain your review.*

7 - At this session, to receive a rebate, you must bring along your MHCP review which you would have obtained from the GP. Unfortunately without your MHCP review, you will be unable to receive a Medicare rebate.*

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Private Health Insurance

We accept private health insurance if you are not wanting to obtain a referral from a medical professional. To see how much your private health company can cover, you will need to give them a call and find out. Additionally, please check with your private health fund as they may offer rebates for Psychology under 'Extras'. Medicare rebates are not available if using private health.

National Disability Insurance Scheme (NDIS)

The NDIS provides support to eligible people with intellectual, physical, sensory, cognitive and psychosocial disability. Early intervention supports can also be provided for eligible people with disability or children with developmental delay. To access NDIS services and become a participant you must:

- Be an Australian citizen, or hold a permanent visa or a Protected Special Category visa,
- Reside in Australia
- Be aged less than 65 years old when initially entering NDIS
- Have a permanent disability that significantly impacts your ability to participate in everyday activities

To check if you are eligible click here go to www.ndis.gov.au/applying-access-ndis/am-i-eligible

If you meet the criteria and you would like to become an NDIS participant, call 1800 800 110 and ask to make an Access Request. Alternatively, if you have NDIS funding, you are more than welcome to use it here at the clinic. We are an NDIS Registered Provider.

Chronic Disease Management Initiative (formerly known as Enhanced Primary Care)

- 1) For patients with a chronic or terminal medical condition referred by their GP
- 2) Up to 5 allied health services (in a calendar year)
- 3) On the completion of treatment the treating practitioner will provide the referrer with a report of the treatment provided and recommendations

It is advisable to utilise these sessions with other allied health professionals, as it may be the only rebate they can offer.

Helping Children with Autism

Under the Helping Children with Autism program, a child can be referred by a consultant paediatrician or psychiatrist for the following allied health services:

- up to four diagnostic / assessment services from psychologists, speech pathologists, occupational therapists, audiologists, optometrists, orthoptists or physiotherapists to assist the referring practitioner with diagnosis or to contribute to a child's treatment and management plan (for a child under 13 years of age).
- up to twenty treatment services from psychologists, speech pathologists, occupational therapists, audiologists, optometrists, orthoptists or physiotherapists (for a child under 15 years of age, providing a treatment and management plan is in place before their 13th birthday).